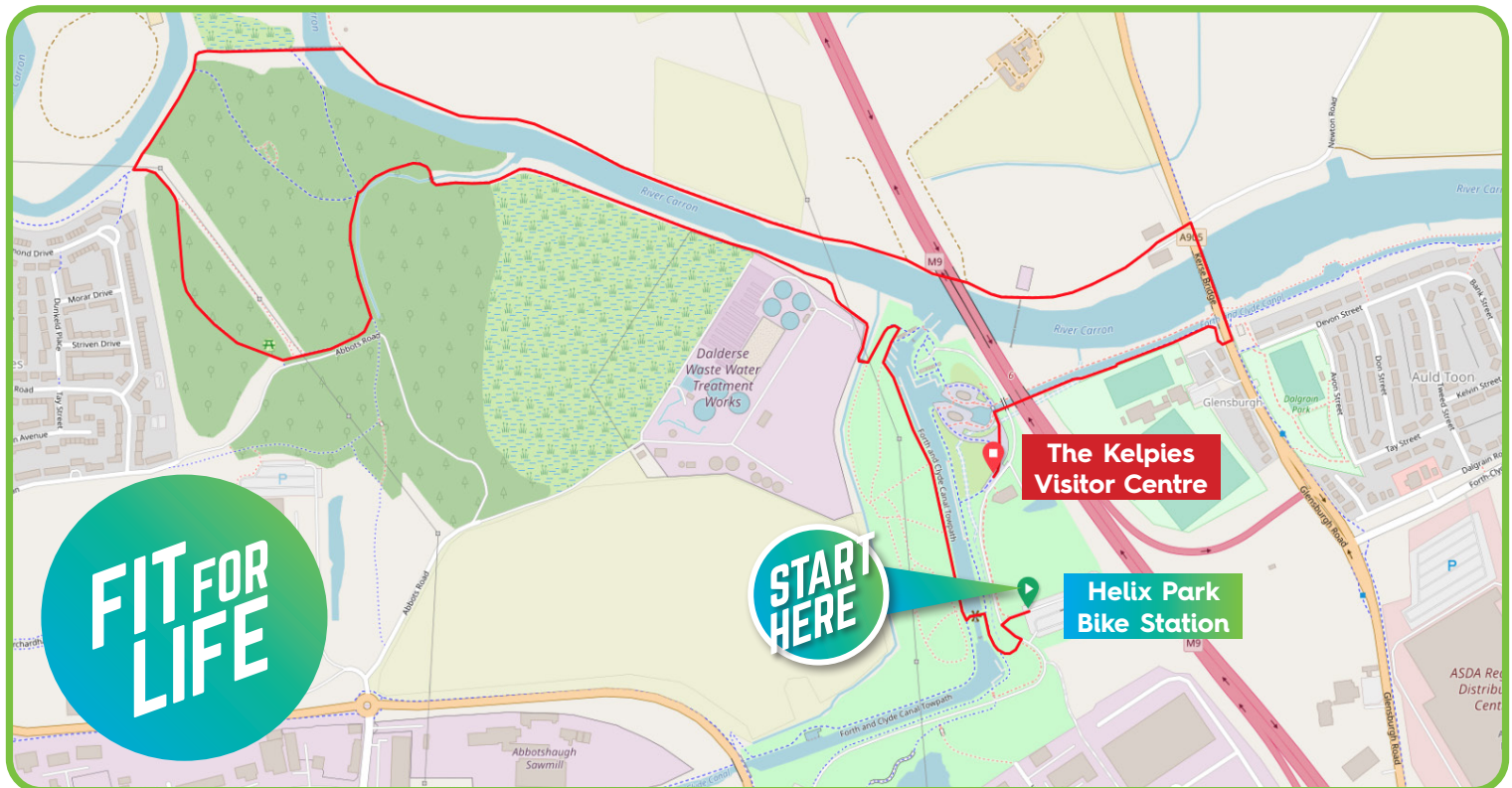


Cycle route

The Helix Loop Length: 3 miles

Pick up a Forth Bike at the Helix station, and then head along the canal to the Kelpies, once past them turn left along the River Carron and cycle alongside it for half-a mile until you get to the Human Sun Clock. From there take the second right hand fork at the intersection, which will guide you to the Love & Kisses Sculpture in the heart of the Abbotshaugh Community Woodland. Continue along this route and across the Abbotshaugh Bridge, take a right and cycle back in the direction of the Kelpies along the river. Cross back onto the south side of the river when you encounter the Kerse bridge, proceed through the tunnel to get you back to the Kelpies, and return the Forth Bike to the docking station. For more details please visit www.falkirkactivetravelhub.org



#FitForLifeFalkirk

For more details on this activity and for more walks and activities please visit

www.falkirkcommunitytrust.org   

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